



Driving Range Plan

Warm up

Wedge 5 balls, mid-iron 5 balls.

Technical work

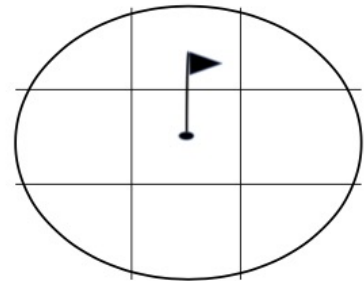
20 balls working on 1 or 2 key drills or technical thoughts.

Sign/Flagstick Challenge

75 yards – 10 balls

125 yards – 10 balls

150 yards – 10 balls



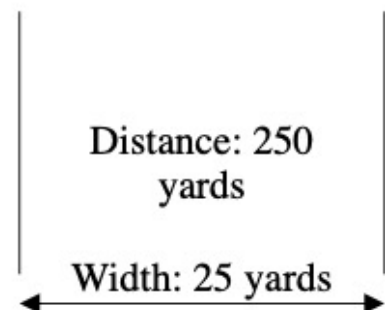
Scoring: 1 point inside 15 feet (~2 flagstick lengths), 3 points inside 8 feet (~1 flagstick length), 10 points if you hit the sign/flagstick.

Driving Challenge

Iron/hybrid – 5 balls

Fairway wood – 5 balls

Driver – 10 balls



Scoring: 1 point for every shot that lands between your target fairway.

Reflection

Write down what went well and what you need to keep working on in the next range session.